

Pre Procedure Instructions

Please avoid any alcohol 48 hours before all procedures. I do not recommend any medications to take for discomfort. If you feel the need to self-medicate, you must have a ride home. I do not recommend dental blocks prior to lip tattooing. Please bring your glasses if you are a contact wearer. It is recommended to use a new fresh set of contacts post procedure preferably 72 hours after the procedure.

I will be using 4% lidocaine prior to any procedure for the numbing process. The first topical will stay on for 20 minutes. I will then exfoliate the area and apply another topical that works on the broken skin. This topical stays on for another 10 minutes before we even begin the procedure.

Fever blisters are a common occurrence after a lip procedure. I recommend you pre-medicate with medication prescribed by your Physician if you have ever had a fever blister in your past.

All professional waxing, tweezing, or tinting of the eyebrow should be done 72 hours before the procedure. All lash perms should be done 72 hours prior. Lash extensions can interfere with the liner procedure but it is not necessary to have them all removed prior to the procedure. We suggest having the liner done just before your next lash extension session. Some extension lashes will come out during the procedure.

If you bruise easily I highly recommend taking **Arnica** a week before your procedures and 72 hours post procedure for bruising.

All clients must be off RetinA, Renova, 30 days prior to procedure and off of Accutane a year prior.

Try to avoid the following unless medically prescribed prior to all procedures:

1. Aspirin or other NSAIDS
2. Alcoholic beverages
3. Niacin and Vitamin E
4. Ginko Biloba, Saint Johns Wart and evening primrose oil.